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Thursday December 31st, 2020

Dear Families,

At Weston Terrace Care Community, we are experiencing some operational changes and shifts in routine related to the management and/or prevention of the COVID-19 virus. We want to reassure you that we are taking important steps to keep your loved one safe and keep you informed.

We will be circulating and posting residence-specific and provincial updates on a weekly basis. Our team is always available to answer your questions and to ensure you feel supported during this time. Thank you!

Here is an update on the current status at Weston Terrace Care Community:

- Number of resident cases: 0 active cases; 2 symptomatic resident swabs pending; 1 asymptomatic resident swabs pending
- Number of team member cases: 0 active team member cases; 1 symptomatic team member swab pending; ongoing routine team member swabbing
- **COVID UPDATE: no active outbreak, however 3B – Lismar Lane is on heightened surveillance**
 - Toronto Public Health has confirmed there is a COVID-19 positive essential caregiver on 3b – Lismar Lane. As this is considered a low risk situation, we will be monitoring the resident for symptoms and place them in isolation. Over the long weekend 3b – Lismar Lane will be receiving tray service at meal time as a heightened precaution. We will update you accordingly if there are any further updates.
- We continue to actively screen residents 2 times per day and will reswab any residents who begin to exhibit any symptoms – which is essential in quickly identifying anyone who becomes COVID-19 positive, despite the fact these residents may have previously tested with negative results.

This is how we are keeping residents and team members safe:

- We have physical distancing measures in place at meal times, therefore residents are eating in the dining room or one of the activity rooms during all meals.
 - All team members are wearing surgical face masks and are having their temperature taken twice per shift.
 - Temperature checks 2 times daily for residents
 - There is rigorous frequent cleaning and disinfecting of all surfaces.
 - We are asking families for their assistance in not sending any non-essential items to their loved ones
 - Drop off of Essential Items:
 - Please ensure what you are dropping off has been approved by either a member of the nursing leadership team. We will provide you with the protocol once it is approved for drop off.
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- If you would like to bring a **Christmas present**, please ensure it is something that can be sanitized as all items brought into the care community will be sanitized. Please refrain from bringing live plants, we suggest plastic in its place.

Home Update:

- Essential caregivers:
 - Since Toronto is considered a grey zone, there is a requirement for essential caregivers that they provide proof of a negative COVID-19 test result within the past week. This means at the time of the swab, your 1st day of 7 days begins. It is not the date of the result returning. To become an essential caregiver there is a process you will have to go through along with **mandatory education prior** to beginning as an essential caregiver. Please speak with Stephanie Seguna if you are interested in becoming an essential caregiver.
 - There is a swabbing clinic at the home every Wednesday. Please call reception to book your time.
 - If you are bringing new clothing or clothing that has not been labelled please ensure you are following the appropriate process. There is a clothing inventory form at reception that needs to be filled out and signed by the person dropping off the items. It will then be sent for labelling with the resident's name and room number.
- Dental Clinic: Golden Care Dentistry will be coming to the home on January 25th and 26th to complete a free screening of all residents. They will then connect directly with the resident/POA about their service – there is no need to sign your loved one up, they will have a free screening.

Staying connected and engaged:

- Options for visiting with your loved one:
 1. Window visits and skype video calling are available options for you to connect with your loved one. If you are interested please connect with Stephanie or Katie and we ask that you provide us 24-48 hours in advance your request.
 2. **Essential Caregiving** is an alternative to be in contact with your loved one. There have been some changes to the requirements for essential caregivers.
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	LOCAL PUBLIC HEALTH UNIT LEVEL				
	Green- Prevent	Yellow- Protect	Orange- Restrict	Red- Control	Grey- Lockdown
Staff	<ul style="list-style-type: none">• Tested every two weeks		<ul style="list-style-type: none">• Tested weekly		
Students					
Volunteers					
Caregivers	<ul style="list-style-type: none">• Provide proof of a negative COVID-19 test result in the past two weeks• Verbally attest to not subsequently testing positive*		<ul style="list-style-type: none">• Provide proof of a negative COVID-19 test result in the past week• Verbally attest to not subsequently testing positive*		
Support workers					
General Visitors	<ul style="list-style-type: none">• Provide proof of a negative COVID-19 test result in the past two weeks• Verbally attest to not subsequently testing positive*		<ul style="list-style-type: none">• Not applicable; visits not permitted.		
*Unless the support worker or visitor requires immediate access in an emergency or palliative situation.					

- All Short Stay Leaves and Temporary Absences will be limited to medically necessary appointments at this time with consultation from the nursing leadership.

Do you still have questions about COVID-19?

- Please do not hesitate to email us at westonterracecommunications@siennaliving.ca for more information or alternatively call and ask to speak with Stephanie or Katie
- Weston Terrace Family Council is here to assist you. If you would like to be connected with the family council, please email them at familycouncil.wt@gmail.com
- If there are any other questions you may have, please connect with John Seebach our Executive Director at extension 20000 and/or email him at john.seebach@siennaliving.ca

We also have helpful resources on our website www.siennaliving.ca.

We are in this together and we'll get through this together.